

WAYLAND BOARD OF HEALTH MINUTES
WAYLAND TOWN BUILDING
BOARD OF HEALTH OFFICE
41 COCHITUATE RD, WAYLAND
SEPTEMBER 26, 2016

The meeting was called to order at 7:00 p.m. Present were Thomas Klem (TK) chair, members Michael Wegerbauer (MW) Brian McNamara (BM), John G. Schuler (JS), M. D. and Elisabeth Brewer (EB), M. D. Also present were Julia Junghanns (JJ), Director of Public Health and Patti White, Department Assistant

7:00 p.m. Public Comments- there were none

7:05 p.m. Discuss Narcan program for School Nurse offices, Ruth Mori, R.N., B.S.N., Public Health Nurse, School Nurse Leader

The State is recommending all schools have Narcan available. Ruth discussed with the new School physician- Dr. Marni Roitfarb and they put together the "Procedures for School Nurse Management of Potential Life threatening Opioid Overdose" (in package).

All school nurses will be instructed through MDPH training on Narcan administration. This will only be administered by the School Nurses, not delegated to other staff personnel; it will be in their emergency bags, with epi pens, albuterol etc. JS: is there a nurse at each school? Rm: yes. TK: Is the Narcan being supplied free? RM: no, we will be purchasing the Narcan out of our nursing supply budget. The cost is \$68.27 per dose. I will be supplying each school with two doses, as recommended, by the State. TK: is this a problem in the schools? RM: this is not a school problem; this is a community issue and may result from anyone coming into the school for any type of event or meeting. I will have Narcan in my emergency bag to cover the town building. JJ: we reached out to Fire Chief Houghton and he is very supportive of this program.

MW: Motion to approve the ordering (2 doses each) and maintaining Narcan for the school nursing offices and the Town Building. Second TK: vote 5-0

7:30 p.m. 9 Wayland Hills Rd., Owner, Jean Skelly, Mike Sullivan- Sullivan Connors- Variance for Wetland Offset for septic repair.

MS: The septic system failed a Title 5 inspection; this is a very difficult site. On one side it has a steep slope with ledge and there is a brook and vegetative wetlands on both sides. The existing system is 10 – 15 feet off wetlands. Testing was done closest to street; the steep slope does not allow access to the back corner of the lot behind the house. The area in the front of the house where the system is proposed has a deep fill that will require substantial excavation. It is a 3 bedroom house, it will stay at 3 bedrooms with the proposed system sited 45' off the wetlands, they have not been before the Conservation Commission yet. They will need a variance for the setback to the street 10' required- 5' proposed. 50' setback required from wetlands, 45' proposed. System designed for 450 g.p.d. under Title 5 requirements. MW: can you use a Presby system? MS: Presby systems require annual inspections and deed restriction requirements for the systems. These systems can be good for some sites but I prefer to do a conventional system when at all possible to avoid the expense and confusion often associated with I/A systems. JJ: Darren and I reviewed the plans and we reviewed other alternatives. We feel this is an adequate design that will suit the lot.

MW: Motion to approve the requested variance at 5 Wayland Hills Road for wetlands set back 50' required, 45' provided, set back to front property line, 10 ' required, 5 feet provided, Per plans date received September 2, 2016. Second BM, vote 5-0 all in favor

7:55 p.m. Discuss Youth Advisory Committee (YAC) appointment-

There are 2 co-chairs, previous chair resigned and it was decided to appoint co-chairs Deborah Seidman (DS) and Sara Greenaway (SG), SG feels that DS chair style, there was not great productivity etc. Lynne Dowd would not give an opinion regarding the appointment. MS. Seidman was not able to come to the meeting, we did not have a full board at the time she came before the board. EB: Did we get any information from the other YAC Board members? TK: no other members were contacted. BM: I found it unusual that there was no communication back to the BOH for all these years.

7:45 p.m. Possible teleconference call with Youth Advisory Committee (YAC) applicant Deborah Seidman- Mike Wegerbauer has recused himself and stepped away as a board member for the phone call.

TK: we have a quorum here for the call. I spoke on the phone last week with the Co-chair Sara Greenaway regarding the friction at meetings; I would like you to have the option to speak with the Board so we can get your feeling regarding how the meetings are run? Was there frustration with members? DS: I don't feel there is friction. I didn't think either Sara or myself should chair the committee individually. There was no one offering to chair so I stepped up but with time constraints, I was not able to commit to full chair so I asked Sara to co-chair with me. This year, we are hoping that we could ask another person to chair for the coming year. When you have a new board, with new members and new ideas, it can be difficult. Sara and I have different styles of chairing, I want to meet to go over agenda's, she is not able to do that. We have decided to chair meetings separately. I feel this past year we accomplished more than we have in a number of past years.

TK: It was mentioned that items that were being worked on were not taken to fruition. DS: in the past 5 years, we did not have anyone do a survey for events run by YAC. I felt it was important that we get feedback on the events. The committee is responsible for the 2 employees, it is one of the most important requirements of the board. Sara has a different perspective; 2 years ago, she wanted to review the mental health of the community. We asked that the Board represent the By-Laws; I feel we were off track from the bylaws. Things like Snack and Relax should not be the most important item discussed each week. I wanted to put back suicide prevention week (added back this year). If I am representing the BOH, I think each member of the committee should be able to communicate their resources and make sure that the two people hired by town are spending the funds to reach as many people as they can.

BM: it sounds like the relationship with co-chair is the issue. Why did you not mention that you wished to be sole chair or to give up chair? DS: I am not sure that I will make that final decision to step down, until I am sure of who will be stepping up. I feel the committee needs a strong chair. I believe that I stated that I want to continue for 1 to 2 years more.

TK: will this new person be co-chair? DS: No, this was the first time we had co-chairs, I was not able to commit as a full (sole) chair, so I suggested we co-chair. JS: since you are our representative, why had we not heard from you regarding the issues at the meetings? DS: I have never reached out to the Board, I had reached out to the Board and I contacted Julia regarding some questions regarding vaping. In my first 3 years, I was the only person to report back to her board. I was of the understanding that it was not necessary. I really feel that reaching will help us better represent the BOH. JS: you mention a time to serve for 1 to 2 years? DS: I understand it is a 2 year appointment, MW had mentioned it to me, and I attended meetings before the appointment and then was appointed by the BOH within a year of participating. JS: That is why I brought the question up, we have a person who is interested, can she participate and observe for the first year, and then you would be able to step down after 1 year? DS: this has never been done. We do not usually have a person on the board referred by a Board member. I would recommend that she attend and if she is active, I would be agreeable to step down, after coming to the Board to let you know that I feel that she is a good fit and I would then step down. TK: Deb, it sounds like this is a result of there being a co-chair situation. DS: we cannot meet and vote a new chair; we have not had a quorum, without my seat having been appointed. I spoke with Lynn D. that I would submit my resignation as chair, if that person we were hoping to step up, would be stepping up. BM: is it your understanding that Sara is looking to give up her chair? DS: I am not sure how the board would vote for her reappointment.
End of phone conversation.

TK: I don't know what the rest of the committee is like. After speaking to Sara, I can understand, we are dealing with two completely different personalities. I see Deb as having a strong voice, and that may be needed. JS: I feel 7 years is enough to serve, and it may be time for someone new. BM: I have a hard time with, the reports she says she sent? JJ: I have been director 5 years and have not had any communication with her reporting on their activities. MW: Deb has a son and foster son and she understand a lot of the issues that are important to the committee. TK: this is a newer board, so I feel that Deb has a lot to offer.

TK: straw poll vote: all in favor of DS- yes- 1, all in favor for LR-yes-3

TK: Motion to appoint Lisa Raftery as Board of Health representative for the Youth Advisory Committee for a term of two years from July 1, 2016 to June 30, 2018. Second BM, vote 3-1 (TK). Mike Wegerbauer has recused himself from the vote.

8:20 p.m. 341 Old Conn Path-Innovative and Alternative (I/A) Technology for Nitrogen reductions for new construction- owner- Matt Roman- Engineer- Bob Drake (BD), P. E.

The existing 4 bedroom house is located on the corner of Old Connecticut Path and Pineridge Rd., in a Zone II, it has not been occupied for 4 or more years. Mr. Drake has been before the board previously with the prior owners to discuss this property, a 4 br. house on 40k lot, they were looking to subdivide to 2 lots with specialized I/A treatment or nitrogen aggregation credit for 2 -3 bedroom houses? The board said only 1- 4 bedroom house or 2 -2 bedroom houses. Mr. Roman purchased the property and hired BD to survey the property and found that the lot (town records shows lot size 40K, and deed show 40K.) during the survey, it was discovered that Pineridge was widened and sq. footage was taken and now the lot is 35,401sq. ft. BM: the registry of deeds had 41K, how did the lines not change? BD: this is an existing 4 bedroom house in a zone 2 on a 35k lot. We are looking to tear down and rebuild a 4 bed house with a new septic. We are not increasing the usage; it is an existing 4 bedroom system. We will add a nitrogen reduction treatment so we will have a system to provided additional treatment. It is not required, but we are seeking to use the treatment. BM: has the existing system failed? BD: yes, it has failed, but there was not a written report. We have met with Cons/com, and we have worked to provide substantial infiltration of the runoff on the roof. Cons com is satisfied and issued a chapter 194 permit for the work. We are asking for a variance for a new construction 4 bedroom system, fully compliant. MW: is the existing system a 4 bedroom? If we are looking at a failed system, we can see this as an upgrade to the system? BM: what is the sq. ft. of the proposed new house? Is it over 3k? MR: it is if you factor in the basement, it would be over 3k? BK: existing footprint is 1280, proposed footprint is 1800 EB: finished in attic and basement? MR: the basement would not be finished right now. I purchased this based on construction 2- 2 bed houses.

TK: we have a policy for the square footage/size, we would like to know the exact sq. f.t of the finished house. MR: the house is about 3k, without the attic, first floor 1400? BK: main house 1007, MR: 3k without any room in the attic (3,500) BM I think 3,800, for playroom, and/or bonus room. MW: the main point is that we don't end up with 5 bedrooms. For new construction in a zone 2 we need 40k lot for 4 bedrooms. JJ: What is the room count? I see 9 rooms with the bonus room in the attic. We would not need a deed restriction for the bonus room in the attic if we are at 9 rooms. The attic room would be about 600 sq. ft., 9 room house, if there are more rooms added a deed restriction would be required (10 rooms or more would require the deed restriction).

EB: does this type of system require inspections? JJ: yes this is to be inspected annually and the installation of the treatment system is filed at the registry of deeds. If the new owners want to finish rooms in the basement (or any additional rooms above the 9), we would require the builder or new owner, to reapply to the Board to finish rooms in the basement and then we would have a deed restriction filed.

TK: Motion to approve the new septic system with an I/A fast system according to the plans dated received 9/16/16, according to the building plans received 9/26/16 at the meeting with regards to the floor plans. Not to exceed 9 total rooms of which no more than 5 can be on the second and third floors. Second TK vote 5-0 all in favor

8:40 p.m. **Review for food permit fees-** The board wishes to table to the next meeting.

8:42: Approval of Minutes of 08/16/16

TK: Motion to approve the minutes of 8/16/16 as presented, second BM, vote5-0 all in favor

Director Report-

EB: tell us about the marijuana forum- JJ very heated, they had a panel with persons (subject matter experts and politicians), both pro and con. There were strong opinions and arguments presented for both sides regarding whether to vote yes or no to legalize. Ballot question coming up this fall. There are issues regarding using and driving, how will it be tested and monitored, strengths/potency of food items that can have added oils, the money making business of it, locations, questions about it leading to other drug use or leading to addiction or not (is there a correlation?) etc.

TK: the board wishes to congratulate Ruth on her fellowship.

8:55 p.m. **General Business**

Next meeting October 17th. No EB or BM for 10/17 meeting, we may need to go to Wednesday the 19th? Maybe mike W.

9:00 TK: motion to adjourn Second- BM, vote 5-0 all in favor.

Respectfully submitted

Patti White

Department Assistant

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