



About Meals on Wheels

A Program of Baypath Elder Services

Thank you for your interest in volunteering for Wayland Meals on Wheels (MOW), a program of BayPath Elder Services, Inc.

Three volunteers deliver meals each weekday to about 5 to 8 Wayland residents each. Drivers pick up the pre-packaged meals at the Wayland Council on Aging (COA) at 11am. It generally takes about an hour to make your deliveries.

MOW drivers are responsible for the safe, reliable delivery of meals. It is also important to remember that you may be the only person a homebound elder sees on a given day. Drivers are responsible for reporting to BayPath if a recipient does not answer the door, or if you are seriously concerned about the recipient's health, appearance, or living conditions.

Here are a few reminders for all drivers:

- ◆ If you are unable to drive on your scheduled day, please contact Ann Gordon at agordon@wayland.ma.us or 508-358-2990. *If it is less than 48 hours before your day to drive, please call the COA directly to let staff know.*
- ◆ On the day that you are driving, please review your route sheet and check to make sure you have the correct number and type of meals for the recipients on your route.
- ◆ If a recipient is not at home, or you have any concerns, call BayPath at 508-573-7246 and leave the recipient's name, address, and your concern. (You will often get an answering machine; the machine is monitored and BayPath staff will follow up.) If you are unable to make the call, please notify COA staff as soon as possible so they can follow up. The phone numbers for BayPath and Wayland COA are always on the route sheets.
- ◆ If a recipient is not at home **do not** leave the meal, even if they've left a note or a receptacle for the meal.
- ◆ If you have reason to believe that a recipient is in danger or in need of immediate help, call 911 AND then call BayPath (they will alert the recipient's emergency contact). If you are not sure what action to take, call the COA at 508-358-2990.
- ◆ The route sheets should be treated as confidential information and destroyed once you are done with them.

If you have any questions about Meals on Wheels, please contact Wayland COA Volunteer Coordinator Ann Gordon at 508-358-2990 or agordon@wayland.ma.us

THANK YOU!

**Wayland Council on Aging
Wayland Town Building
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508-358-2990**

