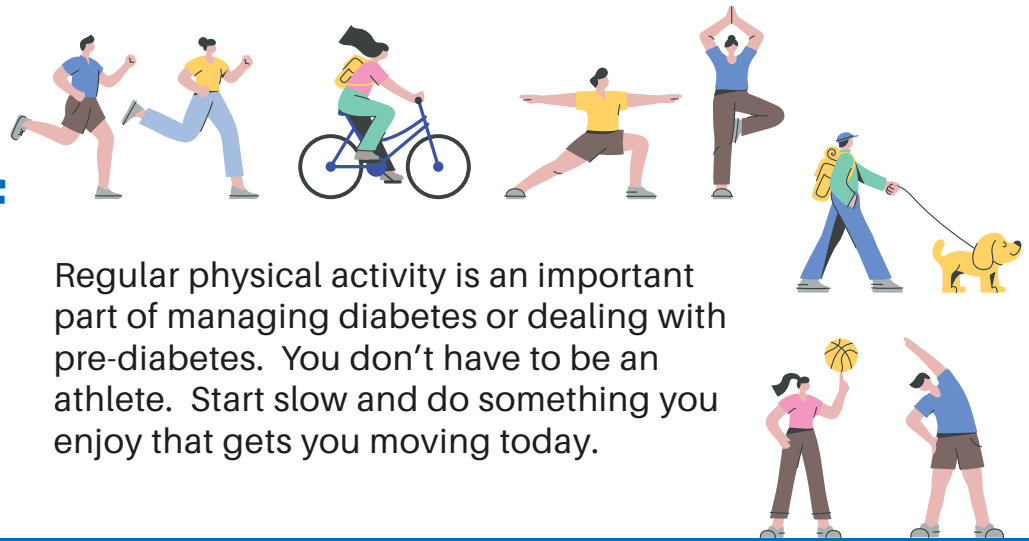




# In pursuit of Good Health



Regular physical activity is an important part of managing diabetes or dealing with pre-diabetes. You don't have to be an athlete. Start slow and do something you enjoy that gets you moving today.

Another important part of managing your diabetes is having a support team that works hard to help you succeed. Our team is here when you need us.

**Enroll in the Diabetes Care Rewards Program at no cost to you at [GoodHealthGateway.com](https://www.GoodHealthGateway.com). You'll get:**

01

**Timely reminders to see your doctors** for your diabetes labs and exams to improve or maintain your A1c and your overall health so you live and feel well.

02

**\$0 copays** on your diabetes medications and supplies when you complete your labs and exams.



## Enroll Today!

800.643.8028 | Hablamos español  
[GoodHealthGateway.com](https://www.GoodHealthGateway.com)



The **Good Health Gateway**® Diabetes Care Rewards Program is a free benefit offered by West Suburban Health Group to their health plan members who are living with pre-diabetes or any type of diabetes. **Participation is voluntary and confidential.**

Available to the following member employers of the West Suburban Health Group:

Accept Education Collaborative

Dover Sherborn Regional School District

Town of:

Dedham

Dover

Holliston

Natick

Needham

Shrewsbury

Wayland

Wellesley

For employees and their covered dependents of the above employers insured through one of the following West Suburban Health Group sponsored health plans:

Blue Cross Blue Shield of Massachusetts

Network Blue New England Benchmark Plan, Network Blue New England Select Benchmark Plan, Network Blue New England HSA\* qualified health plan

Harvard Pilgrim Health Care

Choicenet Benchmark Plan, Harvard Pilgrim HSA\* qualified health plan

Tufts Health Plan

Benchmark Plan, Tufts HSA\* qualified health plan

\*Some restrictions may apply. Please call our HelpLine at 800-643-8028 if you have questions.