

# Online access to your information

## Your Account Online — All the Time

Your reimbursement plan helps you keep money in your pocket by giving you the flexibility to manage your account however you choose. Log in to your account at [sentinelgroup.com](http://sentinelgroup.com) to:

- ▶ Check your account balance
- ▶ View your claim history and submit a paperless claim
- ▶ Sign up for direct deposit reimbursement
- ▶ Access plan statements and forms
- ▶ Manage your Benny Cards

If you have questions about your account, contact us online at [sentinelgroup.com](http://sentinelgroup.com) or call 888-762-6088, Monday through Friday, 8:00 a.m. to 6:00 p.m.

## How to Register Online

When you register online with Sentinel Benefits, you will be able to gain access to your account.

Go to [sentinelgroup.com](http://sentinelgroup.com) and hover over ACCOUNT ACCESS in the upper right corner. Select "FlexChoice" in the "For You" category of the dropdown menu. Once you are on the Login web page, click "Create your new username and password." Enter the required information and press "Next."

## Mobile App

The Sentinel Benefits app gives you real-time access to your retirement account balances, and through a direct launch of the Sentinel Reimbursement Accounts app, you now have access to a whole list of features, including: your reimbursement account balances, account activity and transaction details, text message alerts to your phone, and the ability to submit health care claims and upload receipts using your mobile device's camera. It's fast, easy and secure!

Simply search for "Sentinel Benefits" and download the application from the iTunes App Store or Google Play. In order to log into your reimbursement account, you will also need to download the "Sentinel Reimbursement Accounts" app. If you currently access your accounts online, you're ready to go. Simply choose "My Reimbursement Account" and enter your login information to access your account.

