Wayland Contervation Recommended Bird feed:

To attract a higher diversity of birds to your feeder, we recommend highquality seed mixes that include real nuts such as peanuts, sunflower seeds, and pumpkin seeds, and avoid filler ingredients such as millet and corn. Here are some examples:

Black Oil Sunflower Seed



Shelled Peanuts



Fruit Blend with raisins, pistachios, sunflower kernels, cranberries, and pumpkin seed.



Mealworms are a bird's favorite treat and high in precious protein



Suet Cakes can be an important source of fat for overwintering birds



Local Retailers:

Russell's

Ace Hardware

Wild Birds Unlimited in Sudbury

Audubon Store in Lincoln

Or shop online at Duncraft.com lyricbirdfood.com lowes.com