Wayland Charitable Committee Resource List

GENERAL HELP NUMBERS:

Department of Transitional Assistance - 1-800-249-2007 Provides information re food stamps and other emergency needs.

MASS211 - United Way - Dial 211 - Resource and reference re health and human services - open 24 hours a day. www.mass211help.org

SMOC (Southern Middlesex Opportunity Council) 300 Howard St., Framingham 508-620-1230. SMOC is the local organization that will help with fuel and utility aid, as well as other programs. Sue Hatton at the Council on Aging can help with the application and information for SMOC.

FOOD RESOURCES:

Parmenter The panty is open once a month. Fresh meat and fruit is available every month and packaged/canned food from the pantry. The Good Shepherd Parish at St. Ann's Church located at 134 Cochituate Road in Wayland. Check the dates and times by visiting www.parmenterfoundation.org. A short application is available on the website. Proof of Wayland residency is needed.

Sudbury Food Pantry - Lady of Fatima Church 160 Concord Road, Tuesdays and Thursdays 11:30 am - 2:15 pm. Wayland residents are free to visit the pantry once a month. Registration is required on the first visit and proof of residency. Food staples, bread, eggs, dairy, frozen meat, paper products, baby foods and soap products are available. In the summer fresh organic vegetables.

A Place to Turn - an emergency food pantry. Diapers also available. 99 Hartford Street, Natick 508-655-8868 Monday, Tuesday and Thursday: 9:30 am to 12:30 pm Wednesday: 11:00 am to 12:30 pm and 5:00 pm to 7:00 pm. Referral form, photo ID and address verification required. Visits once every 60 days available.

OPEN TABLE - The **pantry** service is by appointment. Proof of date of birth and current residency for all family members who would like food assistance is needed.

Pantry Shopping is at the **Maynard** location. Pantry items include non-perishable groceries, fresh fruits and vegetables, dairy products and other staples.

Monday 3-6:30PM

Tuesday 1-3 PM Seniors Only

Thursday 3-6:30 PM

Community Dinners: Maynard: Tuesday 5:00-7:00 PM Doors open at 5:00PM, dinner served at 6:00PM, 33 Main Street, Maynard MA **Concord:** Thursday 4:45-6:30 PM Doors open at 4:45, dinner served at 5:30PM, 105 Everett Street, Concord MA

FUEL - Fuel energy assistance programs

Low-Income Energy Affordability Network (LEAN)

SMOC South Middlesex Opportunity Council, 7 Bishop Street Framingham 508-620-2645 **The Massachusetts Association for Community Action (MASSCAP)** and Low-Income Energy Affordability Network (LEAN) to promote the programs to qualifying households

Citizens Energy https://www.in.gov/ihcda/2329.htm Joe Kennedy's program They will deliver 100 gallons, one time to eligible families.

UTILITIES Contact your utility company directly and ask specifically if they have any type of low income or emergency assistance program.

Eversource has a number of financial assistance programs available to help.(800-592-2000) Application is available online

https://www.eversource.com/nstar/CustomerCare/Residential/DiscountRate

Verizon - Lifeline is a government assistance program that offers discounts to qualified low-income customers. Massachusetts 1-800-234-9473 https://www.verizon.com/cs/groups/public/documents/adacct/usac-app-universal-eng.pdf

HOUSING - The Wayland Housing Authority does have a waiting list for affordable housing but it is worth getting on the list for long term planning. Contact Brian Boggia at Wayland Housing Authority 508-655-6310 ext. 11

https://www.wayland.ma.us/wayland-housing-authority/pages/fair-housing-and-equal-housing-opportunity

REAL ESTATE TAXES RELIEF

Contact the Assessor's Office or COA for current senior tax relief programs. Assessor 508-358-3788 Council on Aging 508-358-2990

HOME GOODS

HGRM (HOUSEHOLD GOODS RECYCLING OF MA) This organization accepts donations and distributes household goods, daily living essentials, furniture, etc. Located in Acton 9780635-1710 https://householdgoods.org Goods are distributed by referral and appointment only.

MISCELLANEOUS

Jewish Family and Children's Services provides programs to help people at various points in their lives. www.jfcsboston.org

Dignity Matters - organization that collects and supplies feminine hygiene products and underwear to women and girls who are homeless or otherwise in need.